

## **Bryant, Shellie**

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**From:** Web NoReply  
**Sent:** October 29, 2021 8:01 AM  
**To:** City Council  
**Subject:** Form submission from: Write a Letter to Council

--- Replies to this email will go to genevievehildebrandt@gmail.com ---

Submitted on Friday, October 29, 2021 - 08:01

Submitted by user: Anonymous

Submitted values are:

Date Friday, October 29, 2021

To His Worship the Mayor and Members of City Council

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Name of the organization or agency you are representing (if applicable)

Subject Gathering limits

Meeting (if known)

Comments

These times are concerning for many people. One of those concerns is on placing limitations on gathering. We have all seen the extremely negative effects on people's emotional and psychological health through this all. We are asking that you consider the over all well being of people's health. The body is all connected and if we are living in a state of stress, our immune system is greatly affected and unable to engage as it should. Viruses spread they always have and always will. What we need to see is supports put in place for how people can stay strong and fight the illness and recovery, being all the stronger. There are many things person can do to boost their body's ability to conquer this. None of these things are difficult or put a strain on the health system. Eliminating stress factors is HUGE, and if we see more restrictions added; guaranteed we have just weakened people's ability to fight off the bug. Other protocols stop this virus in its tracks are supplements and medications like Quercitin, zinc, vit D, vit C, Ivermectin, copper etc. There is and has been much success using these tools around the world. Is it possible we can promote being proactive in a safe and humane way??

We are asking you to please consider the many other ways to get through this. People are hurting in so many ways right now...job losses, segregation, relationships strained. The last thing people need is to place yet another limitation on our ability to live a happy, healthy and harmonious life.

We believe if this by law is passed, there will be an even greater strain put on many systems; and it is not in the best interest of the citizens of Saskatoon. Thank you for your consideration on this matter.

Attachments

Will you be submitting a video to be vetted prior to council meeting? No

The results of this submission may be viewed at:

<https://www.saskatoon.ca/node/398/submission/540692>