

**From:** [REDACTED]  
**To:** [City Council](#)  
**Subject:** Email - Communication - Carole Tokaruk - Conversion Therapy - CK 100-26  
**Date:** Sunday, April 26, 2020 10:45:30 PM

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Submitted by anonymous user: [REDACTED]

Submitted values are:

Date Sunday, April 26, 2020

To His Worship the Mayor and Members of City Council

First Name Carole

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Name of the organization or agency you are representing (if applicable)

Subject Conversion Therapy

Meeting (if known) Administrative report regarding Conversion Therapy

Comments

The terms "Conversion Therapy" and " Transgender Identity" was unknown not so long ago. How much honest research has been done to understand what this all entails? Has anyone even read the book "When Harry Became Sally" by Ryan T. Anderson as what was suggested to you and if not, why not? Is ideology being pushed ahead of reality?

Gender dysphoria is a serious condition but there is disagreement on how to treat it. People who have this condition don't choose it and they are not faking either. They are suffering and we should take their testimony serious. But will transitioning help? Not according to the best medical findings because it does not adequately address the psychosocial difficulties these people face.

Surgery doesn't reassign sex as sex is a bodily reality. What happens in transgender surgery is that outward appearance is merely masculinized or feminized. Suicidal ideation starts after the transition treatment is started, after the hormone treatment has started. Long term studies have shown this to be true.

Many who have transitioned have had a feeling of being pushed into something as if there were no other options, and wish that a greater effort had been made by medical professionals to help them understand the deeper psychological issues that alienated them from their own bodies. Many believed they were not mature enough to make such decisions and regret the permanent damage done to their bodies. The best studies of gender dysphoria show that between 80 and 95% of children who express a discordant gender identity will come to identify with their bodily sex if natural

development is allowed to proceed. I would think this should be a given under the circumstances. Where is there the harm in that, considering what is being pushed ?

Truth be told, very little is understood about the causes of discordant gender identity. The most helpful therapies do not try to remake the body to conform with thoughts and feelings - an impossible feat - but rather helping people to accept their bodies as they are. This therapeutic approach rests on a sound understanding of health, both physical and mental and medicine to be used for healing as their primary business, not just for the sole purpose of fulfilling one's wants or desires.

Do we want to take away someone's rights to look at this from both aspects ? Are we taking away the freedom to choose without pressure something that will impact them for the rest of their lives? Do we have a right to deny that to them?

We are Not talking about Pressuring people into making decisions about their life . In fact, I say that You Are limiting them to only one possible scenario by refusing to consider conversion therapy as a valid option. I do want to make this clear also, we are Not talking about barbaric therapies like shock treatment, but honest to goodness sound scientific therapy that has been proven successful.

Lastly, I heartily recommend you do read this book by Ryan T. Anderson , " When Harry Became Sally." Anybody who is really serious about this issue should read it.

#### Attachments

The results of this submission may be viewed at:

